

**REGISTER NOW:**

## CONDITIONED RESPONSE REFLEXOLOGY

for an

Effortless Pregnancy and Gentle Childbirth,  
Stress, Anxiety, Chronic pain and Palliative Care

DENMARK 2020

Copenhagen September 9 & 10 from 9:30 - 4:30

Taastrup September 12 & 13 from 9:30 - 4:30

*Recognized with: 14 RAB points*

*and 14 ARCB CEU's*



[www.fertilitybychoice.com](http://www.fertilitybychoice.com)

Initially created for an effortless birth, this dynamic method has been proven to be effective for anxiety, stress, chronic pain, depression and palliative care. During this 2 day workshop you will learn how to compliment your existing skills with "conditioned response reflexology"

Pregnancy is a life altering experience that involves physical discomfort, stress and anxiety. This workshop will change the way you practice reflexology and shatter some longstanding myths. You learn new concepts and techniques to nurture pregnant women through a positive journey towards an effortless and positive birth experience. Inspired by "Pavlov's principle", CRR™ perpetuates the somatic efficacy of reflexology.

**Day 1:** Biology of Stress on Maternal and Fetal Health, Pavlovian learning, Pain 101, Breaking the cycle of Chronic Pain, Complications during Pregnancy, Compassionate Dialogue, Protocols, Techniques and Supplementary reflexes

**Day 2:** Stressors during childbirth, Everything you need to know about Childbirth, Breaking the Pain and Fear Cycle, Complications Childbirth Edema - Lymphatic Drainage Techniques, Postpartum support, Protocols, Techniques and Supplementary reflexes, Essential Vitamins and Minerals

Participants will obtain competence in prenatal and childbirth education and learn practical skills to work with pregnant women and people suffering from anxiety, stress and chronic pain.

**Language:** Easy understanding English - translations into Danish as required.

**Material:** The teacher, Vera Krijn pass on all material to participants for free.

**Certificate:** Will be passed on for the delegates, at the second day of the workshop.

**CV19** The authorities' guidelines for corona's development are followed.

**Limited Seats so Quick registration is advised.**

Looking forward to seeing you in Denmark - 2 amazing and incredible inspiring workshops days

[WWW.VISITDENMARK.COM](http://WWW.VISITDENMARK.COM)

September the 9 and 10th - 9:30 - 4:30

Location: Den Danske Zoneterapeut Skole (DDZ) Tornerosevej 72, 2730 Herlev, DK [www.ddz.dk](http://www.ddz.dk) Eller den 12 og 13 september 2020 kl. 9.30 til 16.30, Taastrup Zoneterapi, Taastrup Hovedgade 92, 2630 Taastrup, DK [www.taastrupzoneterapi.dk](http://www.taastrupzoneterapi.dk)

September the 12 and 13th - 9:30 - 4:30

Location: Dansk Institut for Zoneterapi, Hjulmagervej 3, 9000 Aalborg, DK [www.difzt.dk](http://www.difzt.dk)

Registration: Danish Kroner 3.500. Registration. no 2275 IBAN DK83200006888140393 SWIFT NDEADKKK. (Danish Registration - Nordea. Reg.nr 2275 - Konto nr. 6888140393)

Catering: Lunch and refreshment are included.

**Transport :** Both schools are easy to reach by public transport, from Copenhagen International Airport "Kastrup" and Central Station.

**Accomodations:** possibilities at and nearby both locations.

**Additional information:** Leila Eriksen, Denmark, Mobile phone (+45) 26 18 95 90

Mail: [leilaeriksen@hotmail.com](mailto:leilaeriksen@hotmail.com) - Web: [www.leilaeriksen.dk](http://www.leilaeriksen.dk) - [www.carecam.dk](http://www.carecam.dk)



Vera Krijn  
New York City  
USA

Vera Krijn is a client-centered practitioner with 23 years practical proficiency in fertility, pre-natal and postpartum related issues. With insight and wisdom, she has helped couples overcome various challenges for them to conceive naturally and helps to prepare couples for a rewarding birth experience and healthy baby.

She was president of the New York State Reflexology and Tristate Reflexology Association and is the recipient of the "Eunice Ingham Pioneer award" from The Reflexology Association of America.



Hosted by Leila Eriksen  
Denmark