



Reflexology Research



Strengthening reflexology into integrative healthcare

– a one day course where you will learn how to find information about research - what kind of methodology that have been used and can be used - what you can do for your clients and do for your clinical practice.



Background

The seminar 'Reflexology Research' is offered as a required elective course for reflexologists and other CAM therapists, who want to get an idea about the importance of evidenced based practice. What it means and why it is important to look at possibilities that can make a difference regarding to public healthcare.

Head points

- learn why it is important to use the same procedure when doing case reports
- learn how you can read abstracts and how you can reflect on research articles
- learn where you can find published research and relevant link



Get an overview of

- Knowledge regarding data bases and relevant research institutions
- Knowledge about research studies regarding CAM & reflexology
- Knowledge about various scientific methods and designs
- Knowledge, how to document and record results from your own practice
- Collaboration with professionals in research and other professionals
- Knowledge about how to read abstracts and research articles
- Knowledge about how to write your own papers, with focus on ethics

Do you want further information? Have a look at <http://www.leilaeriksen.dk/da-DK/Velkommen/Engelsk-tekst.aspx>

New thoughts – new ideas!



Leila Eriksen (practicing in Denmark) has 25 years of combined experience. Trained, in reflexology as well as hospital based health care. She has been a pioneer in Danish and International Reflexology Research, and an active part of project teams behind several reflexology studies. She is connected to the Danish National Board of Health www.srab.dk the Norwegian National Research Center in Complementary and Alternative Medicine NAFKAM www.nafkam.no and the Danish Association of Cancer Children www.cancerbarn.dk

Further information about Research can be found on www.iscmr.org – www.pubmed.org – www.sciencedirect.com
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